

Are you ready to join us?

To answer God's appeal...

To pray more...

To love more...

To sacrifice more...

To dare more...

***"The joy of the Lord is
your strength."***

(Nehemiah 8:10)



The Association of Friends of the Holy Eucharist is a project of Holy Cross Parish under the guidance of Fr. Martin Bradbury.

Holy Cross Parish

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We thank Most Reverend Albert LeGatt, Archbishop of Saint Boniface, for his blessing on this project.



Friends of the Holy Eucharist

***"No one has greater love than this,
to lay down one's life for one's
friends. You are my friends...I do not
call you servants any longer...I have
called you friends."***

John 15:13-15

Come, join the Friends of the Eucharist

The **Association of the Friends of the Holy Eucharist** is a secular organization made up of faithful Catholics ...

- who desire a deeper union with the Eucharistic Heart of Jesus and the Immaculate Heart of Mary
- who promote Eucharistic Adoration
- who are fully aware of their lowliness, sinfulness and brokenness but trusting in the mercy of God are willing to intercede for the Church and for the world
- who, like Jesus, welcome others broken in body, mind, heart and spirit
- who, like the crucified Christ, offer their suffering to the Father, in the unity of the Holy Spirit

Friends attend a monthly meeting for an increase in faith and for mutual encouragement. The gathering ends with a Mass followed by individual prayer for the sick.

Friends believe in the benefits of the Sacraments of Reconciliation and the Holy Eucharist. They attend Mass and spend time before the Eucharistic Heart of Jesus exposed in the Blessed Sacrament as often as possible.

Friends may opt to embrace the Consecration to Jesus through Mary as proposed by St. Louis Marie de Montfort.

A Special Consecration - A Vocation

Within this Association, some Friends may receive a special call. It is for those

- who are single, widowed, physically and financially independent
- who are called to dedicate themselves and belong to Jesus alone.

- who are willing and ready to commit to the process of discernment and preparation for their life-long consecration in a secular setting.



**Do not be afraid to give
your time and your life to
Christ!**

“Yes, let us give our time to Christ,
That He may cast light upon it
And give it direction...
Time given to Christ is time never
lost,
But is rather time gained,
So that our relationships and
indeed our whole life may
become more profoundly human.”

John Paul II 1998