

## FIND US ON THE WEB



**Website**  
www.holycrossparish.ca



**Facebook**  
/holycrossparish.ca



**Twitter**  
@HolyCrossWPG

# Holy Cross

## Roman Catholic Parish

252 Dubuc Street • Winnipeg, Manitoba • R2H 1E3

Phone: (204) 233-7367 • Fax: (204) 233-5355 • E-mail: office@holycrossparish.ca

### MASS TIMES

Monday - Saturday: 7:45 a.m.  
Saturday: 5:00 p.m.  
Sunday: 7:45 a.m., 10:00 a.m.  
& 12:00 p.m.

### RECONCILIATION

#### Wednesday

8:30 a.m. - 9:30 a.m.

#### Saturday

8:30 a.m. - 9:30 a.m. &  
4:00 p.m. - 4:45 p.m.

\*It is okay to approach the priest for individual confession after morning Masses, but please not on Sundays.

### ADORATION

Holy Cross Perpetual Adoration Chapel  
24 hours a day, 7 days a week

#### Family Adoration (Friday)

Fridays at 7:00 p.m. in the church

#### 1<sup>st</sup> Friday of the Month Devotion

Following the 7:45 a.m. Mass

#### 1<sup>st</sup> Saturday of the Month Devotion

Following the 7:45 a.m. Mass

#### 3<sup>rd</sup> Friday of the Month Devotion

Following the 7:45 a.m. Mass

### PARISH CENTRE OFFICE

Monday - Thursday  
8:30 a.m. - 12:00 p.m. &  
1:00 p.m. - 4:30 p.m.

#### Friday

8:30 a.m. - 12:00 p.m. &  
1:00 p.m. - 3:00 p.m.

### PASTORAL STAFF

#### Priest Moderator

Fr. John McKenzie

#### Deacon

Rev. Mr. Gilles Urquhart

#### Catechetics Coordinator

Sr. Bibiana Ikwun, HHCJ

#### Pastoral Council Chairperson

Nancy Savoie

#### Co-Parish Life Directors

John Scatliff & Sheila Cornick

#### Office Administrator

Claire DuBois

#### Office Assistant

Rachel de Jesus

#### Custodian

Gerard O'Neill

## PARISH BULLETIN

EIGHTEENTH SUNDAY IN ORDINARY TIME • August 5<sup>th</sup>, 2018

### *The Examen - a 15-minute prayer for the end of the day...*

St. Ignatius Loyola, whose feast day was last Tuesday, gave us a method of prayer called the *Daily Examen* - a technique of *prayerful reflection on the events of the day in order to detect God's presence in our lives* and to *discern his direction for us*. Try this version of St. Ignatius's prayer:



#### **Eighteenth Sunday in Ordinary Time**

First Reading: Exodus 16.2-4, 12-15, 31a++

Second Reading: Ephesians 4.17, 20-24

Gospel: John 6.24-35

1. **Become aware of God's presence.** Look back on the events of the day in the company of the Holy Spirit. The day may seem confusing to you - a blur, a jumble, a muddle. Ask God to bring clarity and understanding.
2. **Review the day with gratitude.** Gratitude is the foundation of our relationship with God. Walk through your day in the presence of God and note its joys and delights. Focus on the day's gifts. Look at the work you did, the people you interacted with. What did you receive from these people? What did you give them? Pay attention to small things - the food you ate, the sights you saw, and other seemingly small pleasures. God is in the details.
3. **Pay attention to your emotions.** One of St. Ignatius's great insights was that we detect the presence of the Spirit of God in the movements of our emotions. Reflect on the feelings you experienced during the day. Boredom? Elation? Resentment? Compassion? Anger? Confidence? What is God saying through these feelings?

God will most likely show you some ways that you fell short. Make note of these sins and faults. But look deeply for other implications. Does a feeling of frustration perhaps mean that God wants you to consider a new direction in some area of your work? Are you concerned about a friend? Perhaps you should reach out to them in some way.

4. **Choose one feature of the day and pray from it.** Ask the Holy Spirit to direct you to something during the day that God thinks is particularly important. It may involve a feeling - positive or negative. It may be a significant encounter with another person or a vivid moment of pleasure or peace. Or it may be something that seems rather insignificant. Look at it. Pray about it. Allow the prayer to arise spontaneously from your heart - whether intercession, praise, repentance, or gratitude.
5. **Look toward tomorrow.** Ask God to give you light for tomorrow's challenges. Pay attention to the feelings that surface as you survey what's coming up. Are you doubtful? Cheerful? Apprehensive? Full of delighted anticipation? Allow these feelings to turn into prayer. Seek God's guidance. Ask him for help and understanding. Pray for hope.

St. Ignatius encouraged people to talk to Jesus like a friend. End the Daily Examen with a conversation with Jesus. Ask forgiveness for your sins. Ask for his protection and help. Ask for his wisdom about the questions you have and the problems you face. Do all this in the spirit of gratitude. Your life is a gift, and it is adorned with gifts from God. End the Daily Examen with the Our Father.

## ANNOUNCEMENTS

### AUGUST PAPAL PRAYER INTENTIONS

**UNIVERSAL: The treasure of Families:** That any far-reaching decisions of economists and politicians may protect the family as one of the treasures of humanity.

**APPOINTMENT OF OUR NEW PRIEST MODERATOR:** Holy Cross Parish welcomes our new Priest Moderator, **Father John McKenzie**. We ask everyone to pray for and welcome Father John!

**FRIENDS OF THE HOLY EUCHARIST (FHE):** The Association of the Friends of the Holy Eucharist (FHE) is a Catholic organization for both healthy and disabled persons who desire a deeper union with the Eucharistic Heart of Jesus and the Immaculate Heart of Mary. Our next gathering is on **Monday, August 6<sup>th</sup> at 6:30 p.m.** in the Church, **Mass and Sacrament of the Sick at 7:00 p.m.**, followed by Adoration. All are welcome.

**HEALING MASS & SACRAMENT OF THE SICK:** We celebrate the Sacrament of the Sick with Masses at the beginning of each month. This month, we welcome you to join this celebration on **Friday, August 3<sup>rd</sup> at the 7:45 a.m. morning Mass** and on **Monday, August 6<sup>th</sup> at 7:00 p.m.** in conjunction with the FHE Mass.

**PARISH OFFICE CLOSED ON MONDAY, AUGUST 6<sup>TH</sup>:** The Parish Office will be closed on Monday, August 6<sup>th</sup> for Terry Fox Day. We will reopen on Tuesday, August 7<sup>th</sup> during summer hours.

**PARISH OFFICE SUMMER HOURS:** During the summer months (**July and August**), the Parish Office will be closed in the afternoons and on weekends. Summer hours are: **Monday to Friday: 8:30 a.m. - 12:00 p.m.** Regular office hours will resume on Tuesday, September 4<sup>th</sup>.

**FALL BIBLE STUDY:** The Evangelization Team is planning to run a Bible study this fall, most likely on Tuesday evenings. It will be facilitated by Jeremy Gerbrandt, our dynamic team member who put on the popular Christmas Mission last year. We want to get some feedback on what you would like to study. Gospels or Epistles? Old testament or new? Kings, Song of Songs? Other suggestions? Please email Marianne at [bertsavard@yahoo.com](mailto:bertsavard@yahoo.com) with your suggestions **before** August 25<sup>th</sup>.

**HOLY CROSS RITE OF CHRISTIAN INITIATION OF ADULTS PROGRAM:** Are you considering becoming a Catholic? Are you a Catholic who would like to take a refresher course? Are you an adult who has yet to be Confirmed? Then **R.C.I.A** can be for you! The Rite of Christian Initiation of Adults at Holy Cross begins **Thursday, September 20<sup>th</sup>, 2018 at 7:30 p.m.** in the boardroom of the Parish Centre. To register please contact Deacon Gilles Urquhart at (204) 233-5114.

**HELP WANTED AT 5:00 P.M. MASS:** We are looking to employ the help of one or more parishioners who would be willing to perform setup duties for the 5:00 p.m. Saturday Mass at Holy Cross. Charlie Lyon has done an EXCEPTIONAL job in carrying out these duties for decades, but he is now ready to step back. Would anyone who is willing to be trained in this, please submit an application letter to the Parish Office?

**FRONT STAIRCASE CONSTRUCTION:** Construction began on the front staircase on Monday, June 25<sup>th</sup>. There will also be repair work done to the small staircase. Construction is expected to take approximately six to eight weeks and will involve taking down sections of the retaining wall. Please exercise caution around these areas and avoid going into the construction area. The front doors will remain locked during the construction. Please do not park in front of the Church during construction, as your vehicles may be in the way. Thank you for your patience.

**NET YOUNG MISSIONARY SUPPORT:** Hello church family, my name is Dominique Gougeon-Gagnon, you may know me from the 10:00 a.m. Mass. I'm very excited to announce that this coming year I will be serving as a missionary with NET! NET is a beautiful ministry where for 10 months I'll be sharing the love and mercy of Christ while encouraging youth across Canada to embrace the life of the church. In order to serve them successfully, I will need most importantly your prayers, and secondly your financial support. We're asked to raise \$6,500 to help offset the cost of the mission. If you have any questions please feel free to talk to me or contact me via email at [smileygougeon@hotmail.com](mailto:smileygougeon@hotmail.com) or phone me at (204) 254-4659. The website for sponsorship/online donation is: <https://www.netcanada.ca/support-a-missionary/dominique-gougeon-gagnon> **Thank you so very much for your constant support on this mission!**

**CATHOLIC SCHOOL OF EVANGELIZATION, ST. MALO CAMP FUNDRAISING:** Hello church family, my name is Muna Chira. My sister Chizzy and I are asking for your support towards raising funds for the Catholic school of Evangelization in St. Malo. Last year was our first camp experience in Canada and it was wonderful. Being only new in the country, we were welcomed into the faith family at camp and we made wonderful friends, while developing our faith. This year we have both been accepted as counsellors and our goal is to inspire young people to grow in their personal relationships with God through our leadership, and to offer a fun faith camping experience. We would like to ask you to consider supporting this ministry as a valuable tool for evangelization for young people. Your prayers and financial support are extremely valuable to us and to the campers. Tax receipts will be issued for donations of more than \$10.00. My phone number is (204) 509-8822 and my email is [muna\\_chira@yahoo.com](mailto:muna_chira@yahoo.com) Cheques to support us could also be made out to and sent to the Catholic School of Evangelization. Donations can be dropped off at the Parish Office during summer hours.

**NORWOOD KNIGHTS OF COLUMBUS 3538:** Meetings are held every 1<sup>st</sup> Monday of the month (unless it is a holiday, then the following Monday) at 8:00 p.m. at 267 Traverse

Avenue. Bingo every Thursday. Regular games 7:30 p.m. and early birds 7:00 p.m. Crip card tourney every 3<sup>rd</sup> Friday. For more information or hall rentals, please contact Paul at (204) 237-9974 or Grand Knight 2017-2018 Denis Pinette at (204) 255-0684.

**STEWARDSHIP REFLECTION**

**18<sup>th</sup> Sunday in Ordinary Time - August 5, 2018**

*"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not."* Exodus 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

.....  
**SAVE THE DATE!!!** Feast of the Exaltation of the Holy Cross Mass and Potluck on Friday, September 14<sup>th</sup>, 2018. More details to come.  
 .....



**LITURGICAL SCHEDULE**

Holy Rosary will be prayed daily at 7:15 a.m. (Mon - Sat)  
 Divine Mercy Chaplet will be prayed daily after the 7:45 a.m. Mass (Mon - Sat) & at 9:45 a.m. (Sunday)  
 Novena to OLPH will begin on the 2<sup>nd</sup> Wednesday of each month following the 7:45 a.m. Mass  
 1<sup>st</sup> Friday, 1<sup>st</sup> Saturday & 3<sup>rd</sup> Friday Devotion will be prayed following the 7:45 a.m. Mass

**Saturday, August 4: EIGHTEENTH SUNDAY IN ORDINARY TIME**

5:00 p.m. Joyce Dheere by Nicky & D.D.

**Sunday, August 5: EIGHTEENTH SUNDAY IN ORDINARY TIME**

7:45 a.m. For the Intentions of All Parishioners  
 9:45 a.m. Recitation of the Chaplet of Divine Mercy  
 10:00 a.m. + Mom, Dad & family by Pat & family  
 12:00 p.m. + Douglas, Barbara & Allan by the family

**Monday, August 6: FEAST OF THE TRANSFIGURATION OF THE LORD**

7:45 a.m. In Thanksgiving by Evangeline Fraser  
 6:30 p.m. FHE Gathering  
 7:00 p.m. FHE Mass with Sacrament of the Sick & Adoration

**Tuesday, August 7**

7:45 a.m. + André & Alexandrine Lussier by Marie Gamache

**Wednesday, August 8: MEMORIAL FOR ST. DOMINIC**

7:45 a.m. Father Udoka Chris Nwosu by Georges & Carla

**Thursday, August 9**

7:45 a.m. + Daniel Remillard by Denise Remillard

**Friday, August 10: FEAST OF ST. LAWRENCE**

7:45 a.m. + In Memory of the Deceased Members of the Norwood Knights of Columbus by the Norwood Knights of Columbus

**Saturday, August 11: MEMORIAL FOR ST. CLARE**

7:45 a.m. + Paul Gentes by Denise, Rita & John

**Saturday, August 11: NINETEENTH SUNDAY IN ORDINARY TIME**

5:00 p.m. + Toni Jasnic by Milena

**Sunday, August 12: NINETEENTH SUNDAY IN ORDINARY TIME**

7:45 a.m. + Pat & Leo Soenen by Michael & Arlene Soenen  
 9:45 a.m. Recitation of the Chaplet of Divine Mercy  
 10:00 a.m. For the Intentions of All Parishioners  
 12:00 p.m. + Sivereno Catena by Lydia & Alex

**PARISH COLLECTIONS**

**PARISH COLLECTION: July 28 - July 29**

Mass Time	Loose	Envelope	Total
Sat. 5:00 p.m.	157.05	(25) 524.00	681.05
Sun. 7:45 a.m.	391.25	(21) 902.00	1,293.25
Sun. 10:00 a.m.	291.50	(26) 329.00	620.50
Sun. 12:00 p.m.	359.85	(14) 290.00	649.85
			<b>3,244.65</b>
<b>Pre-Authorized Donations</b>			
*46 registered donating on different schedules, spread over all Masses			1,642.50
<b>TOTAL</b>			<b>4,887.15</b>
<b>School Support Offering</b>			<b>436.00</b>

*But when you give to the poor, do not let your left hand know what your right hand is doing, so that your giving will be in secret; and your Father who sees what is done in secret will reward you.* Matthew 6: 3-4

**THE WEEK AHEAD**

Mon. Aug. 06 **Parish Office Closed**  
**T.O.P.S.** 6:15 p.m.  
**FHE Fellowship** 8:30 p.m.  
 Sat. Aug. 11 **Jesus Youth Meeting** 6:00 p.m.

**T-MAC**  
**AUTO SERVICES**  
 wheel alignments  
 tires  
 suspension  
 front end  
 government safeties  
 tune-ups &  
 most automotive needs  
 191 Goulet Street  
**204-233-8622**  
 337 Ferry Road  
**204-889-8622**

Over a century of art in stone

**100 YEARS**  
 Brunet  
 Monuments Inc.  
 4th Generation

Monuments and Lawn Markers  
 in Granite & Bronze  
 Personalized Memorial Art  
 Cemetery Lettering  
 Address Signs  
 Columbaria  
 Mausoleums  
 Urns

WPG. (204)233-7864  
 405 BERTRAND STREET,  
 ST-BONIFACE, MB.  
 WWW.BRUNETMONUMENTS.COM

JOSEPH BRUNET - PIERRE BRUNET  
 CHARLES BRUNET - BENOIT BRUNET

**St. Boniface Pharmacy**  
 On call 24/7 • Points Collection  
**Free City-wide Delivery**  
 172 Marion St., inside Marion Medical Centre  
**204-415-4888**

IT'S  
**WISE** to  
**ADVERTISE!**

**Shop LOCAL • Spend LOCAL**  
**Eat LOCAL • Enjoy LOCAL**  
*and support the local businesses  
 that support your parish*

**Masi**  
 hair color design salon  
 For All Your Hairstyling Needs  
 Men's & Ladies  
 11 St. Mary's Rd.  
**204-237-8538**

**Riverside**  
**Dental**  
 Family Dentistry  
 New Patients Welcome  
 159 Marion St.  
**204-233-3488**

**Chicken Chef?**  
 Family Restaurants  
 Real Quality \* Real Selection \* Real Value  
 Dine-In, Take-Out and  
 Delivery Services  
 #6 276 Marion St.  
**204-231-2433**

Call  
**1-800-268-2637**  
 for this space

**Remember...**  
 Let our advertisers know  
 you saw their ad here.




**Shopping  
 Locally  
 Saves Gas**

**THE PERFECT SPOT TO ADVERTISE  
 YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637**