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252 Dubuc Street Winnipeg, Manitoba R2H 1E3

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MASS TIMES

Monday - Saturday: 7:45am

Saturday: 4pm

Sunday: 7:45am, 10am & 12pm

RECONCILIATION

Mon, Tue, Thu, Sat: 8:30am-9:30am

Sun: After the 12pm Mass

ADORATION

Holy Cross Perpetual Adoration Chapel

24 hours a day, 7 days a week

Family Adoration (Friday)

Fridays at 7pm in the church

1st Friday of the Month Devotion

Following the 7:45am Mass

1st Saturday of the Month Devotion

Following the 7:45am Mass

3rd Friday of the Month Devotion

Following the 7:45am Mass

PARISH CENTRE OFFICE HOURS

Monday - Thursday

8:30 am - 12pm & 1pm - 4:30pm

Friday

8:30 am - 12pm & 1-3pm

PASTORAL STAFF

Pastor

Fr. John McKenzie

Catechetics Coordinator

Sr. Bibiana Ikwun, HHCJ

Office Administrator

Claire DuBois

Office Assistant

Rachel de Jesus

Custodian

Gerard O'Neill

2nd Sunday of Lent

March 8, 2020

1st Reading:

Genesis 12.1-4

Psalms 33

***Let your love be upon us, Lord,
even as we hope in you.***

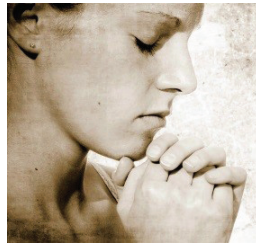
2nd Reading:

2 Timothy 1.8b-10

Gospel:

Matthew 17.1-9

DO OUR FEELINGS DICTATE OUR BEHAVIOR – FOOD FOR THOUGHT



It is often thought that if we think or feel something it can shape the way we behave. We have all heard it - think positive, happy thoughts

and it will produce a positive, happy mood. Would it surprise you to find that it may actually be our behaviors that drive our feelings? That our actions create our emotions?

This theory is not altogether new, these behavioral approaches have been used to treat depression since the 70s but have gained traction in recent years as the field of psychology continues to explore the relationship between our thoughts and our behaviors. According to Psychology Today, recent research in clinical psychology has shown that the fastest way to change an emotion is to change the behavior attached to it. In

other words, it is our behavior that drives our feelings - if you want to be happy, act happy and do the things that one does when they are happy – the feelings of happiness seem to follow.

While it sounds rather simplistic, this paradigm has interesting implications for the way we view our behaviors, especially those behaviors that do not serve us well. If you want to stay in love or rekindle a failing love, behave as though you are in love by doing the things that people in love do – kind, thoughtful and engaged interactions with your spouse actually make you feel more in love.

Do you desire a more intimate relationship with Christ – behave as though you already have such a relationship by doing the things one might do in such a relationship – speak to the Lord frequently, attend mass, visit the adoration chapel, make Him the center of your day. If the theory holds, we may well find ourselves with a deeper and more intimate relationship with Christ by Easter! Surely it couldn't hurt!

heart your most genuine choices, the choices that others try to stifle.

The Beautiful Words of John Paul II

"It is Jesus that you seek when you dream of happiness; He is waiting for you when nothing else you find satisfies you; He is the beauty to which you are so attracted; it is He who provoked you with that thirst for fullness that will not let you settle for compromise; it is He who urges you to shed the masks of a false life; it is He who reads in your



It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be ground down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal."

"Out of the darkness of my life, so much frustrated, I put before you the one great thing to love on earth: the Blessed Sacrament ... There you will find romance, glory, honour, fidelity, and the true way of all your loves upon earth."

J. R. R. Tolkien

ANNOUNCEMENTS

Family Stations of the Cross during Lent—starting Mar 13, 7pm, Holy Cross—You are invited as families and individuals to join us as we gather together and pray the Rosary and Stations of the Cross (this replaces Family Adoration, which resumes after Easter).

Healing Evangelization—Mar 16, 2:15pm, Holy Cross—The Soldiers of Christ invite you to come and see the goodness of our Lord Jesus Christ! Info: Anita at 204-930-8357.

MARCH PAPAL PRAYER INTENTIONS

EVANGELIZATION: CATHOLICS IN CHINA

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



FELLOWSHIP EVENINGS FOR CATHOLIC MEN

Men, join us **Tuesday, Mar 17**, at **7:30pm** in the Holy Cross Parish multipurpose room (252 Dubuc St.), for **"GODLY MEN"**, a video series hosted by four Catholic Men. The next session is called **"The Godly Man is HUMBLE"**. Info/sign up: Jean at 204-783-0091.

CHILDREN FOR SACRAMENTAL PREP

The children in this picture are the children preparing for the Sacrament of First Holy communion and or Sacrament of Confirmation. They started their preparation process in September and their confirmation ceremony will take place on **May 31, 2020 (St. Boniface Cathedral)**, when they will become full fleshed members of our parish community. I am therefore soliciting for your prayers as they continue their journey. Thank you for supporting them with your prayers.



God Bless,
Sister Bibiana Ikwun, HHCJ

FR. JOHN UPDATE

Fr. John's surgery was a success and he is recovering nicely at home. We expect Fr. John to return on Mar 14 at the 4pm Mass.

REMINDER

We recognize the temperature in the Church can fluctuate, making it too warm or too cool, but turning the radiator off or the air conditioner on is not the solution. The heat and cold is not instant. Last week, the split units were left open. Fortunately, it was caught before it got cold - this would have wrecked the cooling unit. We respectfully request that you please leave the temperature settings where they are.



It's time to dust off your bowling shoes and wear your best green. Holy Cross is once again hosting a St. Patrick's Day Bowling evening. **Coronation Lanes at**

255 Tache Ave., Saturday, Mar 14, starts at 7pm. For only \$20/person you get 3 games, shoes and a hot/cold snack. One team will win a prize for high score. There will be prizes for wearing the most green. Silent Auction tickets can be purchased after Masses and at the parish office. There will also be a 50/50 draw. Tickets for Silent Auction are 10 for \$4. Tickets for 50/50 are 3 for \$1. **You do not have to be present to win a gift.** Start purchasing tickets now and up to and including the event. Info: Ginger @ 204-237-4635



CWL SOUP AND SANDWICH SUNDAY



Holy Cross CWL cordially invites all parishioners to Soup and Sandwich Sunday on **Mar 22 after the 10am & 12pm Masses.** Free will offering at the door to enjoy a variety of savory homemade soups and tasty sandwiches. **50/50 draw after each seating.** Please join us. Your donations helps to sponsor the First Communion/Confirmation luncheon for Holy Cross children.

PARISH FINANCIALS

LITURGICAL SCHEDULE

HOLY CROSS PARISH OFFERINGS

	Actual	Expected	Difference
Jan–Feb	\$34,240	\$35,400	\$-1,160
Sunday (Mar 1) Offering	\$4,189	\$4,425	\$-236
Total	\$38,429	\$39,825	\$1,396

Your parish counts on YOU to meet its financial obligations! We require a weekly income of **\$4,425.00** to pay utilities, salaries, maintenance and other expenses. If all parishioners increase their Sunday offerings by just **\$10.00 per week**, Holy Cross Parish could meet its budget.

STEWARDSHIP REFLECTION

“Go forth from the land of your kinsfolk and from your father’s house to a land that I will show you.” (Genesis 12:1)

God calls all of us to leave behind our old ways and to follow Him, placing our complete trust in Him. Some of the old ways that we may have to struggle to leave behind might be materialism, selfishness, and greed. Yet God promises to show us a new land and a better way to live. Remember what St. Teresa of Calcutta said, “God does not call us to be successful, God call us to be faithful.”

THE WEEK AHEAD

Sun.	Mar. 08	Potluck After 12pm Mass	1pm
Mon.	Mar. 09	T.O.P.S.	6:15pm
Tues.	Mar. 10	St. Catherine’s Academy Homeschooling Group	9:30am
		Pastoral Council Meeting	6:30pm
Wed.	Mar. 11	Children’s Atrium	9:30am
		Rite of Welcome & Presentation of Bibles	6:30pm
		Building Committee Meeting	7pm
Thurs.	Mar. 12	Children’s Atrium	4:30pm
		Youth Group	7pm
Fri.	Mar. 13	Rosary & Stations of the Cross	7pm
Sat.	Mar. 14	St. Patrick’s Bowling Event (Coronation Lanes at 255 Tache Ave.)	7pm
		Jesus Youth Meeting	6pm

Saturday, March 7

4:00pm + Fr. James Gray by Merilda Belanger

Sunday, March 8

7:45am Evangeline Fraser’s Personal Intentions by Cecile Myslicki

10:00am For the Intentions of All Parishioners

12:00pm For the Return to Good Health of Fr. John McKenzie by the Norwood Knights of Columbus

Monday, March 9

7:45am Special Intentions by Evangeline Fraser

Tuesday, March 10

7:45am + Marie Gamache by Georges & Carla

Wednesday, March 11

7:45am Monica Decebal-Cuza by John & Susanne

Thursday, March 12

7:45am + Marie Gamache by Nick & Rita Tan

Friday, March 13

7:45am + Charlie Van De Keere by his family

Saturday, March 14

7:45am + Marie Gamache by Claire & Betty

Saturday, March 14

4:00pm + Alfred & Irene Ross by Christine Ross

Sunday, March 15

7:45am Special Intentions by Evangeline Fraser

10:00am For the Return to Good Health for Fr. Robert McDougall by the Norwood Knights of Columbus

12:00pm For the Intentions of All Parishioners

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