

FIND US ON THE WEB



Website
www.holycrossparish.ca



Holy Cross

Roman Catholic Parish

252 Dubuc Street Winnipeg, Manitoba R2H 1E3

Phone: 204-233-7367 Fax: 204-233-5355 Email: office@holycrossparish.ca

PAROCHIAL ADMINISTRATOR

Rev. Fr. Anixavier Antony Muthu,
OFM Cap.
204-688-8633
pastor@holycrossparish.ca

MASS TIMES

Monday–Friday — 7:45am
Saturday — 7:45am, 4pm
Sunday — 7:45am, 10am & 12pm
Thursday—10:30am at Catherine Place

RECONCILIATION

Monday–Saturday — after the
7:45am weekday masses.

PERPETUAL ADORATION CHAPEL

24 hours a day, 7 days a week

PARISH OFFICE HOURS

Tuesday–Friday — 8:30am – 12pm
**Closed on Mondays, Weekends and
Holidays.**

Coordinator of Parish Life

Sister Charlotte Leake, S.N.J.M.
leakecharlotte75@gmail.com

Accountant

Sandra Zamor

Office Assistant

Rachel de Jesus

Youth Group

Dominique Gougeon-Gagnon

Holy Cross Food Bank Coordinator

Marianne Savard

HOLY CROSS SCHOOL

Principal

Catherine Walker

204-237-4936

HCSoffice@holycrossschool.mb.ca

Vice-Principal

Brett Bourquin

22nd Sunday in Ordinary Time
August 30, 2026

1st Reading: Jeremiah 20.7-9

Responsorial Psalm Ps. 63

R. "My soul thirsts for you,
O Lord my God."

2nd Reading: Romans 12.1-2

Gospel: Matthew 16.21-27

Parish Bulletin

22nd Sunday in Ordinary Time • August 30, 2026

Sunday, August 30, 2026—Twenty-Second Sunday in Ordinary Time

How far could you walk with a three-hundred-pound weight on your shoulders? Some historians believe that Jesus' cross could have weighed about three hundred pounds.

When we consider this kind of weight—not to mention the spiritual and emotional weight that the cross also entailed—we can appreciate scripture telling us that Jesus understands our own suffering and challenges. He shared the same sorrows, pains, and weight of the crosses that we bear in our lives. This means that Jesus doesn't just empathize with us. He suffers with us as well. That's how much he loves us. He is willing to walk the same paths that we walk and help us along the way.



In the light of such love, we can see that Jesus' call to take up our cross and follow him is not a callous command to pick up our burdens and march. It's an invitation to join him and to find our strength in his companionship.

Jesus knows that suffering can make us want to run and hide. But he also knows that if we try to follow him, he will make our yoke easier and our burden lighter.

This is the depth of Jesus' love for us. He wants to help us carry our crosses, just as Simon of Cyrene agreed to help carry Jesus'. He wants to wipe our faces, just as Veronica wiped his. Most important, he promises us, "Today you will be with me in Paradise," just as he promised the good thief. Why wouldn't we want to be united with him?

Times of suffering can bring us closer to God, or they can push us further away from him. It's our choice. It may not be easy at the start, but staying close to Jesus in the midst of difficulties can bring us peace and comfort. All we need to do is take that first step.

Blessings in the holy names of Jesus, Mary and Joseph!

Sister Charlotte Leake, *Coordinator of Parish Life*

(Images contributed by [Willem de Vink – Jesus Messiah project](http://Willem.de.Vink-Jesus.Messiah.project)—FreeBibleimages.org)

Catechetics and Sacramental Preparation Coordinator

The Parish of Holy Cross in St. Boniface is looking to hire a Catechetics and Sacramental Preparation Coordinator.

It is a part-time, term position in alignment with scheduled classes. Salary will be commensurate with experience.

The ideal candidate will have successfully completed a minimum of LEVEL 1 'Catechesis of the Good Shepherd' formation.

If you are interested, please send your resume to Sister Charlotte at: leakecharlotte75@gmail.com

For more information contact Sister Charlotte at: leakecharlotte75@gmail.com

Parish Office Closed

We will be closed on **Monday, September 7th** for Labour Day. The parish office will reopen on **Tuesday, September 8th** during regular office hours.

Friends of the Holy Eucharist

Dear Parishioners,

You are invited to experience the power of the Eucharistic Lord with the *Friends of the Holy Eucharist*.

Place: Holy Cross Church, 252 Dubuc Street

Date: **September 7, 2026**

Time: 6:30pm Spiritual presentation or witness.

7:00pm Holy Mass and Benediction of the Blessed Sacrament with Rosary for Priests and Vocations.



Marian Movement of Priests Pilgrimage

On **Saturday, September 12th**, the Marian Movement of Priests group is inviting all to participate to a short pilgrimage to Blessed Sacrament parish in preparation for our patronal feast.

Father Gerry Sembrano, spiritual director for MMP Manitoba, will preside the Holy Mass at 9:30am

with many other priests and give us a mini-retreat on Mary and her messages with adoration and confession.

A Marian exhibition will be there as well, ending with a potluck lunch.

Let us prepare spiritually to enter our festivities of the Exaltation of the Holy Cross.

(Image by [Ku Bogu](#) from [Pixabay](#))

Charismatic Prayer

Charismatic Prayer will be held in the Church on the 2nd Saturday of each month at 7:00pm. The next one will be held on **September 12 at 7:00pm**. All are welcome.

Bradbury's Resumes

After a much needed rest, our volunteer crew is looking forward to serving up a hot meal again at Bradbury's on Mondays, starting **September 14th** from **3:30pm until 5:00pm**.



Feast of the Exaltation of the Holy Cross Monday, September 14, 2026

6:00pm Exposition and Adoration of the Blessed Sacrament

- Rosary
- Silent Adoration

6:45pm Benediction

6:50pm Sacred Silence

7:00pm Holy Mass

8:30pm Light refreshments in the parish hall

(Image by [Gerd Altmann](#) from [Pixabay](#))

Singers for Parish Choir



Inviting all singers to be part of a **Parish Choir** singing for the feast day of our parish.

The **choir practice** will be on **Thursday September 10 at 7:00pm**.

The actual feast day celebration Mass of the 'Exaltation of the Holy Cross' will be on Monday, September 14 at 7:00pm.

(Image by [PublicDomainPictures](#) from [Pixabay](#))

Mass Intentions August 29–September 6, 2026**Saturday, August 29: Twenty-Second Sunday in Ordinary Time**

4:00pm + Agathe Benoit by Joseph Benoit

Sunday, August 30: Twenty-Second Sunday in Ordinary Time

7:45am + Aurele Bremault by Caroline and family

10:00am For the intentions of all parishioners

12:00pm + George Desrochers by Glenn and Lucilli family

Monday, August 31

7:45am For my four sons by Paulette

Tuesday, September 1

7:45am + Edward Myslicki by Georges and Carla Gervais

Wednesday, September 2

7:45am Andy Anguish and family by Paulette

Thursday, September 3: Memorial for Saint Gregory the Great

7:45am Birthday blessings for Richelle Kapilik by Pam and Barry Murphy

Friday, September 4

7:45am Rigato, Gobbi, Verrelli, and Lunghi families by Maria Grazia Verrelli

Saturday, September 5

7:45am Birthday intentions for Ronnie Fuentes by the family

Saturday, September 5: Twenty-Third Sunday in Ordinary Time

4:00pm + Billy Murphy by Pam and Barry Murphy

Sunday, September 6: Twenty-Third Sunday in Ordinary Time

7:45am Birthday Intentions for Nicolas Myslicki by Cecile Myslicki

10:00am + John Reid by Charles Prefontaine

10:00am Dominique and Robeson by the Gougeon-Gagnon family

12:00pm For the intentions of all parishioners

Our Lady of Holy Cross, Legion of Mary

Invites you to join us each Sunday for Rosary and Legion Meeting.

- When: Sundays
- Time: 9:15am
- Where: Holy Cross Parish Multipurpose Room/Hall

Monthly Prayer Intentions of Pope Leo XIV — August 2026

For evangelization in the city: Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

Monthly Prayer Intentions of Pope Leo XIV — September 2026

For the care of water: Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

Stewardship**August 30, 2026 - Twenty-Second Sunday in Ordinary Time**

"Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect."
Romans 12:2

The bishops in their pastoral letter on stewardship warn us about conforming to the destructive "isms" at work in our culture -- materialism, individualism, and consumerism. Stewardship calls us to generously share what we have with others. Stewardship focuses on our dependence on God. This focus goes against our culture's focus on independence and individualism.

Fr. Ani Xavier Away

Fr. Ani Xavier will be away from September 21-27, 2026. Fr. Ani is the spiritual director for the sold-out 7-day pilgrimage to Montreal & Trois-Rivières, Quebec City, Edmundston, NB to Charlottetown, PEI and Halifax, NS.

Fr. Ani Xavier will return on Tuesday, September 29 to celebrate our 7:45am weekday Mass.

In his absence, the following priests have been kind enough to preside over the following Masses:

Fr. Lawrence Agorchukwu: September 21 at 7:45am, September 26 at 7:45am & 4:00pm, and September 27 at 7:45am

Fr. Maurice Comeault: September 22 at 7:45am, September 23 at 7:45am, and September 27 at 10:00am

Fr. Gerry Sembrano: September 24 at 7:45am and 10:30am (Catherine Place Mass)

Fr. Emmanuel Uzoh: September 25 at 7:45am and September 27 at 12:00pm noon

Marriage, Family and Life

Marriage Tips

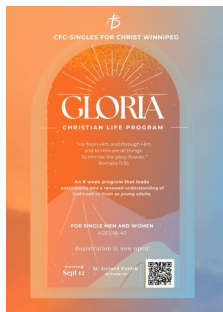
- What's your spouse's favorite treat? See if you guessed right. Now you've got an idea for a little way to show love; it's just a matter of when you surprise your beloved with it.
- "Where you invest your love, you invest your life." (Marcus Mumford) Is your love invested in the most important parts of your life – God, your spouse, your children? Take a moment to evaluate.
- Winning an argument is not about proving you're right. It's not YOUR problem or MY problem. It's OUR problem. Sometimes the marriage can win if you lose.
- Jesus often reminds his disciples not to be afraid: "Take heart, it is I; do not be afraid." (Mt 14: 27) We are human, however, and we still have fears. What are you afraid of? Share your fears with your spouse and encourage each other.

Reflections for the Separated & Divorced

"Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer everyone."
– Colossians 4:6

Our words have awesome power. They can heal, encourage and comfort. They also have the power to hurt. As you navigate through your separation and divorce, and in the months and years afterwards, how will you use your words? Will you use them wisely? Will they be well chosen and good? Will you exercise restraint when things are better left unsaid, or a response is better off not given? Will you use your words to please God by being gracious and gentle? When you speak, will you choose to be an instrument of God's grace?

- *A Road to Healing*, Lisa Duffy



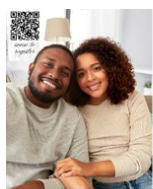
CFC Singles for Christ Winnipeg — GLORIA Christian Life Program

CFC Singles for Christ Winnipeg invites all single young adults ages 18 to 40 to register for GLORIA, our Christian Life Program, starting September 12 at St. Gerard's Church.

Are you searching for more in your faith, a deeper understanding of your vocation, or a community that truly walks with you? The Christian Life Program is a simple and powerful way to **start—or restart—your faith journey**.

Singles for Christ is a **Catholic charismatic community** of young adults growing together in faith, friendship, and life in the Holy Spirit. If you're ready to encounter God in a real and personal way and not walk your journey alone, we invite you to seek Him with us.

For more information, please contact: Ian Celestino at 204 -583-5520 or Carla Dizon at 204-293-3965



Come and SEE
Discover some of the Catholic Ministries dedicated to Marriage and the Family.

CANA
CANA is a national organization that provides support and resources for couples in their marriage journey. It offers a variety of programs and services, including premarital counseling, marriage enrichment, and crisis intervention.

Teams of Our Lady
Teams of Our Lady is a national organization that provides support and resources for couples in their marriage journey. It offers a variety of programs and services, including premarital counseling, marriage enrichment, and crisis intervention.

Worldwide Marriage
Worldwide Marriage is a national organization that provides support and resources for couples in their marriage journey. It offers a variety of programs and services, including premarital counseling, marriage enrichment, and crisis intervention.

Gathering for all Newlyweds and Couples in Early Years of Marriage! COME and SEE – Saturday, September 19th, 2026

The Archdiocese of Saint Boniface and the Archdiocese of Winnipeg Marriage & Family Life Ministries invite you to attend COME and SEE, an afternoon gathering for young married couples. Meet other newly married couples, take part in a special time of enrichment as a couple, and discover how you and your spouse can continue to grow in your relationship with each other and with God. **Held on Saturday, September 19th from 1:30 PM to 4:30 PM** at the Saint Boniface Cathedral. **Registration is required and will be open until September 14th.** There is no cost to attend this event. Although we are not able to provide childcare at this event, babies in arms are most welcome.

Register at <https://form.jotform.com/262106683369261>

For more information, please contact Marie at the Archdiocese of Saint Boniface Office of Marriage, Family & Life at mfl@archsaintboniface.ca/204-594-0274.

Visit [our website](#) for the Archdiocese of Saint Boniface's resources for Newlyweds and Couples in Early Years of Marriage.

For poster, [click here!](#)



Archdiocesan News



Bishop Velychkovsky National Martyr's Shrine Divine Liturgy with anointing for Healing

Wednesday, September 2, 2026
7:00 p.m.

Confession available
beginning at 6:30 p.m.

Bishop Velychkovsky National Martyr's Shrine at
St. Joseph's Ukrainian Catholic Church
250 Jefferson Ave.—Winnipeg, MB
P4W 2G4-338-7321
Email: info@bvmartyrshrine.com
Website: bvmartyrshrine.com



Bishop Velychkovsky National Martyr's Shrine

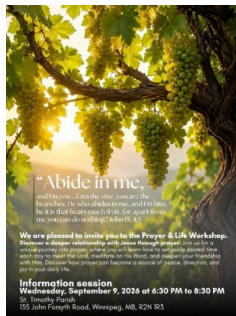
Divine Liturgy with Anointing for Healing

Wednesday, September 2nd at 7:00p.m.

Confessions will be available beginning at 6:30p.m.

Bishop Velychkovsky National Martyr's Shrine at St. Joseph's Ukrainian Catholic Church
250 Jefferson Avenue, Winnipeg, Manitoba

For more information, please call 204-338-7321, email info@bvmartyrshrine.com, or visit bvmartyrshrine.com.



Prayer & Life Workshop – September 9, 2026

"Abide in me, and I in you... I am the vine, you are the branches. He who abides in me, and I in him, he it is that bears much fruit, for apart from me you can do nothing." John 15, 4,5

We are pleased to invite you to the Prayer & Life Workshop.

Discover a deeper relationship with Jesus through prayer and reflection.

Join us for a unique journey into prayer, where you will learn how to set aside sacred time each day to meet the Lord, meditate on His Word, and deepen your friendship with Him. Discover how prayer can become a source of peace, direction, and joy in your daily life.

Information Session

Wednesday, September 9, 2026 at 6:30 PM to 8:30 PM

St. Timothy Parish - 135 John Forsyth Road, Winnipeg, MB, R2N 1R3

More information: 204-869-8175 | manitoba@tovpil.ca For poster, [click here](#).



CCRS OF MB Presents: "Awaken! Stepping Forward into the things of God!" Conference with Barbara Heil—September 11-12, 2026

Join us for a Holy Spirit filled conference on September 11 and 12, 2026! Our keynote speaker will be Barbara Heil. Praise & Worship will be led by the "Nueva Jerusalem" Charismatic Music Ministry. The closing Eucharistic Celebration will be presided by Archbishop of Winnipeg His Grace Murray Chatlain. Come and experience the power of the Holy Spirit through anointed praise and worship, powerful teachings, Eucharistic Adoration, Holy Rosary, fellowship, Mass, and so much more!

The event will take place at Saints Martyrs Canadiens Parish Hall.

[CLICK HERE TO BUY TICKETS](#) - or visit our website - www.catholicrenewalservices.com - to find more details/information. For flyer, [click here](#).

Saint-Joachim Parish Fall Supper – September 13, 2026



Come for fellowship and food at the Saint-Joachim Parish Fall Supper! On the menu: turkey, ham, meatballs, potatoes, gravy, dressing, vegetables, dessert and more!

4 to 7 PM at the St. Joachim School in La Broquerie.

13 years and over: \$20

Children 6 to 12: \$10

Children 5 years and under: FREE

For poster, [click here](#).

Teaching in a Catholic School Promo Video

Manitoba Catholic Schools launched a video that explores why Catholic education may be the right fit for prospective teachers, while highlighting the meaningful impact educators have both inside and outside the classroom. The video can be accessed [here](#).

Archdiocesan News



Saint-Boniface Archdiocesan Gala — September 17, 2026

The Saint-Boniface Archdiocesan Gala will take place on **Thursday, September 17, 2026**, at the Saint-Boniface Cathedral Hall (basement).

Tickets are on sale for \$150 each with a \$75 tax receipt! Proceeds for the improvement of the Cathedral's audio-visual system.

For more information, contact Julie Turenne-Maynard by email at consultationjtmconsulting@gmail.com or by phone at 204-771-5585.

For poster, [click here](#).

Our Lady of La Salette Pilgrimage – September 19 & 20, 2026

St. Mary's Parish (530 Atlantic Avenue, Beausejour, Manitoba) invites you to Our Lady of La Salette Pilgrimage on Saturday, September 19 and Sunday, September 20.

The Pilgrimage is:

- a spiritual journey with expanded meaning about the messages for Our Lady of La Salette
- a faith journey filled with reverence, sacrifice, reconciliation and renewal
- a path to personal transformation and spiritual growth
- a renewal through prayer, sanctity and forgiveness of ourselves and others
- a way to appreciate and celebrate our National Shrine

We invite you to:

- come on a faith journey
- to be curious
- to not be afraid
- to learn or relearn about the La Salette apparitions
- to pray for ourselves and others, with purposeful intention
- to better understand and appreciate the praying of the Rosary and the Stations of the Cross.
- to celebrate our national shrine, to be proud of it, to know what it's all about.

Whether you can come only one of the day or you can come both of the days or for just part of either day, we want you to join in. If you have any questions, please contact us at info@stmarybeausejour.com or call and leave a message at 204-268-5234.

For poster, [click here](#)



Christ-Centred Leadership: Forming Catholic Women in Leadership – September 29 to November 24, 2026

We are pleased to announce the launch of a new continuing education opportunity at St. Mark's College: Christ-Centred Leadership: Forming Catholic Women in Leadership.

Beginning on September 29, 2026, you will be able to participate in a nine week program designed for Catholic Women grounded in Scripture, Church Teaching, and women's lived leadership experts.

Course Overview

Christ-Centred Leadership: Forming Catholic Women in Leadership is led by experts across many disciplines—from theology and ministry to health care, education and ethics—the program is designed to cultivate knowledge, values and skills for leadership and witness to the Gospel in a complex and secular world: for a parish program, diocesan formation, university extension, or in the business world more widely.

This is a micro-credential course and part of St. Marks College Continuing Education Program.

Program Details:

- Delivery: Virtual
- Dates: September 29 - November 24, 2026
- Time: Weekly, time TBA
- Course Fee: \$400

For more information or to register, [click here](#).

Archdiocesan News



JUBILEE YEAR of St. FRANCIS of ASSISI (1226 ~ 2026 - 800th ANNIVERSARY)

Feast Day ~ Sunday, October 4, 2026

Save the day ~ Mark your calendars!

St. Francis of Assisi Parish invites you to "Come and See" (John 1:39)

- 1:00 PM ~ Prayers, Veneration of Relic
- 2:00 PM ~ Mass celebration presided by His Grace Archbishop Albert LeGatt
- 4:30 PM Reception [light lunch & beverages]

R.S.V.P. ~ TUESDAY, SEPTEMBER 15TH, 2026

rcparishpinawa@stfrancispinawa.ca

Please join us for this wondrous occasion.



Holy Eucharist Parish Annual Fall Supper—October 4, 2026

Holy Eucharist Parish will hold its Annual Fall Supper on Sunday, October 4, from 4:00-6:00pm, take-out meals only.

Menu: Chicken, perogies and sour cream, mashed potatoes and meatballs with gravy, Cabbage Roll Casserole, coleslaw, veggies, rolls with butter, dessert.

\$25 per person, \$15 for 12 yrs old and under.

Pre-purchased tickets only until Sep 25.

Call 204-667-8866 or visit holyeucharistwinnipeg.ca

Holy Cross School

Prayer for the Beginning of the New School Year

Dear Lord, as Holy Cross School begins this new school year, we pray as they gather once again as your community of believers.

We thank you for the energy and the spirit that you renewed in them through the summer months.

We thank you for the time to enjoy their family and friends and to reflect on what is important in their lives. Let this year be marked by enthusiasm and love so that, with the inspiration of your Spirit, they may continue to grow in their faith.

We ask for Your guidance and blessings upon the Holy Cross School community.

Grant the students the wisdom to learn and grow, the courage to face challenges, and the strength to embrace their unique gifts.

Bless the teachers and staff with patience and inspiration as they nurture and guide each student.

Help them to create an environment of kindness and respect, where every individual feels valued and supported.

We also ask for Your continued protection and support for the families.

May they find joy and fulfillment in their involvement with Holy Cross School and may their partnership with us be a source of encouragement and strength.

We ask this in your Holy name. Amen.

CWL Corner

GREY CUP POOL SCRATCH FUNDRAISING TICKETS are now available. Your support of our fundraiser helps us to make donations to Holy Cross Parish and other various charitable organizations. These tickets make for great gifts and sell out fast! Tickets are: \$5.00 with a grand prize of \$1000.00 (total of 8 chances to win cash prizes) and \$2.00 with a grand prize of \$150.00 (total of 8 chances to win cash prizes). If you would like to purchase tickets for yourself please reach out to any CWL member. If you would like to take some bulk tickets (not prepaid) to sell to your friends or family please contact Nicole Gougeon, by phone 204-254-4659 (landline) or email nicolegg1@mymts.net.

Norwood Knights of Columbus

We are a Catholic men's service organization, practicing Catholics 18 and over, who are here for the church and community's needs. We have a life, disability insurance and investment opportunities, we are rated one of the best insurance providers. We have been with Holy Cross Parish over 65 years. Our church representative is Bryon Burvill (204) 233-7904. We are in need of new members to help us reach our objectives.

**Sunday Offerings
August 16, 2026**

Loose	\$370.60
Envelopes	\$2,650.00
Pre-Authorized Donations	\$910.00
TOTAL	\$3,930.60
3rd Sunday (Food Depot)	\$1,595.50

*Thank you for your generosity.
Please no foreign currency.*

Give liberally and be ungrudging when you do so, for on this account the Lord your God will bless you in all your work and in all that you undertake. Deuteronomy 15: 10

**Sunday Offerings
August 23, 2026**

Loose	\$320.20
Envelopes	\$2,318.00
Pre-Authorized Donations	\$910.00
TOTAL	\$3,548.20

*Thank you for your generosity.
Please no foreign currency.*

All shall give as they are able, according to the blessings of the LORD your God that He has given you.

Deuteronomy 16: 17

**Happy Birthday!!!**

Happy Birthday wishes, prayers and blessings to everyone celebrating their birthday in the months of August and September.

(Image by [Alexandra Koch](#) from [Pixabay](#))

Happy Wedding Anniversary!!!

Congratulations and blessings to all the couples who are celebrating their wedding anniversary in the months of August and September.

(Image by [OpenClipart-Vectors](#) from [Pixabay](#))

The Week Ahead August 30—September 5, 2026

	Sunday August 30	Monday August 31	Tuesday September 1	Wednesday September 2	Thursday September 3	Friday September 4	Saturday September 5
Morning	9:00am Baptism (1) 9:15am Legion of Mary	Parish Office Closed		9:00am Food Bank	10:30am Mass at Catherine Place	7:45am Mass followed by First Friday Devotions	7:45am Mass followed by First Saturday Devotions
Afternoon							
Evening							